

Supporting young refugees and asylum seekers

Here are some key principles for supporting young refugees and asylum seekers to help them feel safe in their new environment.

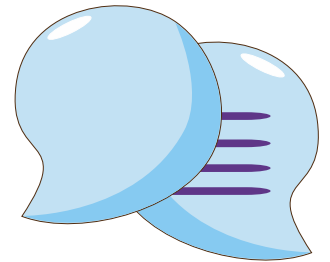


Listen without judgement

Young asylum seekers are likely to have experienced trauma while fleeing their home. It's important for the young person to know they are believed and accepted.

Encourage communication

Try to connect the young person with someone (e.g. a classmate) who shares a common language, and support them with learning English as soon as possible.



Educate yourself and others

Adapting to a new culture can be scary and confusing. Educate yourself and others about the young person's culture, and help them learn more about the culture of their new home.

Recognise the barriers

Asylum seekers are faced with many challenges, including discrimination, and finding a safe place to live. It's important to recognise these and find ways to support the young person.

